

From Design for Change (DFC)'s One Idea! One Week!

Adapted for Eco Ambassadors Program

Fuller Guide for Reference (One Idea! One Month!):

https://www.dfcworld.com/file2015/DFC_one_month_lesson_plan.pdf

ONE IDEA! ONE PROJECT!

Dear Eco Ambassadors,

The following is a lesson & action plan to bring **environment action into your community**.

Design for Change (DFC)'s 4-step **FEEL – IMAGINE – DO - SHARE** process is broken down into 7 sessions of 45 minutes each, for 10 weeks.

Depending on your project or chapter, you may modify the timing and weeks. If you are doing a personal project, you may do the activities alone, but if you are doing a group project or creating your own chapter, please do the activities as a group! (online, phone conversations or in-person)

Dates: Mon-Sun	Suggested Weekly Plan
Week 1	<ul style="list-style-type: none"> Connect with Eco Ambassador Program and express your interest in your project or chapter Visit www.edsd.csd.columbia.edu "Start Your Own Chapter" webpage Review the Workshop PPT, which features the F-I-D-S model
Week 2	DfC Week 1 Session 1 "Feel" of Guide
Week 3	DfC Week 2 Session 2 & 3 "Imagine" of Guide Email your project / chapter ideas: ecoambassadors1@gmail.com
Week 4	DfC Week 3 Session 4 "Do" (plan) of Guide with your Parent Mentor
Week 5	DfC Week 4 Session 5 & 6: "Do" (action) of Guide, meet with people identified in your plan
Week 6	DfC Week 5 Session 5 & 6: "Do" (action) of Guide, start your action and execute the plan
Week 7	DfC Week 6 Session 5 & 6: "Do" (action) of Guide, execute the plan
Week 8	DfC Week 7 Session 5 & 6: "Do" (action) of Guide, finalize the plan
Week 9	DfC Week 8 Session 7: "Share" Email your videos/photos/slides: ecoambassadors1@gmail.com
Week 10	DfC Week 9 Session 7: "Share" Receive feedback and finalize videos/PPT
	Share final version of PPT to the Eco Ambassador Program team. Email: ecoambassadors1@gmail.com Post on https://challenge.dfcworld.com/

Thank you for partaking in this sustainability journey with us!

For questions on the program, please visit: www.edsd.csd.columbia.edu

From CSD Education Team



DESIGN FOR CHANGE: ONE IDEA! ONE SUMMER!

Dear Parent Mentors & Eco Ambassadors!

The following is a ONE WEEK lesson plan to enable you to bring Design For Change into your community!

*Will be modified to be implemented over the course of July & August

The DFC 4 step ; FEEL, IMAGINE, DO and SHARE process is broken up here into 7 sessions, of 45 minutes each.

Please do spend more time if you have it available. The plan is for your reference, please feel free to improvise and do what is best for your students.

We would encourage you to help the children articulate their own ideas for a better world and to put them into action. Encourage ALL the children to participate actively and let their voices and ideas be heard.

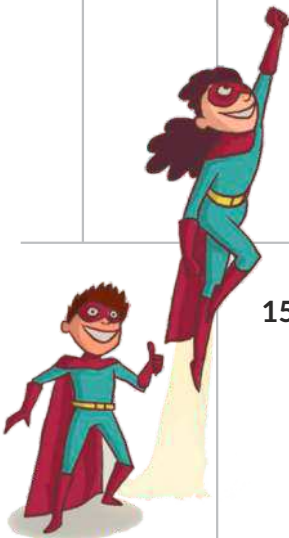
You will truly be surprised at what they come up with because -

Superheroes are not in fairy tales- they are in every child who says I CAN!

Skills children will learn: Leadership, Communication, Teamwork, Confidence, Critical and Creative thinking

WEEK 1: FEEL; SUPERHEROES IN REAL LIFE

	TIME	DESCRIPTION
Session 1	10 mins	<ol style="list-style-type: none"> Start by asking children about their favourite Superhero. Let a few children share who they like the most. After that tell them that Superheroes don't exist only in fairy tales, they exist in real life too and that you are going to show them stories of some real life Superheroes.
	20 mins	<p>Inspiration and Identification of Problem</p> <p>Now show the children some DFC videos, here are some stories of children creating Change across 3 areas</p> <p>NOTE: IN case you do not have access to internet in your classroom, please view the stories attached as comics and share them with the children.</p> <ol style="list-style-type: none"> Something they want to change in their own lives: Reducing the weight of School Bags: http://bit.ly/1mFr4xr Teaching football to their peers: bit.ly/dfc-justforkicks Something they want to change in their school: Respect for their support staff: http://bit.ly/Vfdmdi Stopping food wastage in the School Canteen: http://bit.ly/1sTROiF Something they want to change in their own community: Children fixing Potholes: http://bit.ly/potholes-on-the-road
	15 mins	<p>After showing these videos, ask children to write what they would like to change either in their;</p> <p>Please note* The scope of the Eco Ambassadors program focuses on environmental action</p> <ol style="list-style-type: none"> Personal Life School Community



WEEK 2 : **FEEL; REACHING THE REAL CHALLENGE**

	TIME	DESCRIPTION
Session 2	20 mins	<ol style="list-style-type: none"> 1. Today get children to share what they have thought of and write the big ideas on the board. 2. Next get them to vote for the 1 situation that they would all like to see changed. *If you're working on an individual project, you can go through your ideas and select one.
	25 mins	<p>Reaching the Real Challenge</p> <p>Either by yourself or in your small group,</p> <ol style="list-style-type: none"> 1. Divide children into smaller groups to brainstorm on the different causes for the problem they have chosen. 2. Each group presents their findings and together the class votes on the major cause they would like to address. <p>Guiding Questions: 1. Who do you see as the people involved in the selected opportunity for change? 2. Why do you think the situation is the way it is?</p>

WEEK 2 : **IMAGINE; VISUALIZE SUCCESS**

	TIME	DESCRIPTION
Session 3	45 mins	<ol style="list-style-type: none"> 1. Divide children into groups and ask each group to come up with ten ideas. Encourage a variety of ideas- even wild ones. Lets children add to each others' ideas. Let children draw out their ideas, it always helps to explain them better. The group that comes up with maximum ideas wins! 2. Get children to vote on the idea that they would like to implement Vote using the QBL principle. The idea should have a QUICK IMPACT, BE BOLD and be LONG LASTING <p>Guiding Questions: 1. Can you implement it? Is it doable? 2. Would you be able to get resources for it? 3. Will people find your solutions useful? 4. What do your group-mates feel about the chosen solution? If you're working alone, what do your family and friends feel about it?</p>

Email your ideas to CSD team before going into WEEK 3

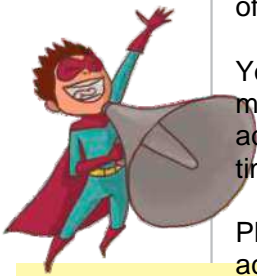
WEEK 3 : **DO; MAKE CHANGE HAPPEN**

	TIME	DESCRIPTION
Session 4	45 mins	<p>Help the children make a plan of action.</p> <ol style="list-style-type: none"> 1. Help the children break down their plan in action steps. Ask children to plan how they will carry out each action step. How will you implement your idea? 2. Ask children to list resources they will need. How will they get them? How many people will be required? Who will you need to work with you? How much time will it take? How will they document their work? How will your idea impact people affected by the problem? 3. Ask children to delegate responsibilities: Who will do what? Ask children to put the plan in a time line: By when will they achieve what?



WEEKS 4 - 7: **DO; MAKE CHANGE HAPPEN**

■	TIME	DESCRIPTION
Session 5 & 6	At least 2 weeks of DO Your project may require additional time Plan accordingly!	Children go out and implement their Action plan. Document their action. As you capture stories, focus on F.A.C.T.S Feelings, Actions, Changes and Transformations; Feelings: How can you depict the feelings of people and your Supermates? Actions: Capture your Supermates in action. Changes & Transformations: How were people changed? How was your community transformed?



Tip: The DO phase may need for you to help schedule time for children over the weekend or after school hours. Depending on the project chosen, by children, you may need to enable and plan for their time.

WEEK 8 & 9: **SHARE; I CAN! NOW YOU CAN TOO!**

■	TIME	DESCRIPTION
Session 7	45 mins	Circle of Sharing : Get children to share their experiences in the last one week. Get them to make a presentation on their story of change. Get them to answer the questions in the DFC submission form. Share your story at your morning assembly.

During WEEK 8, email your draft videos / PPT for review by CSD team

Share your story with us at : www.challenge.dfcworld.com



You may include:
Photo & text documents (max 4 photos for each step)
Powerpoint presentations (max 15 slides, 20 MBs in size)
Video/YouTube link (max 3 min long)

Remember:

Lets Focus on showing other people how easy, fun, and meaningful it is to 'BE THE CHANGE'

GET INSPIRED!

JUST FOR KICKS

Design for Change School Challenge, India 2011 | Lokenete Yashwantrao Chavan Vidyaniketan, Pune, Maharashtra
 Watch the story : bit.ly/dfc-justforkicks

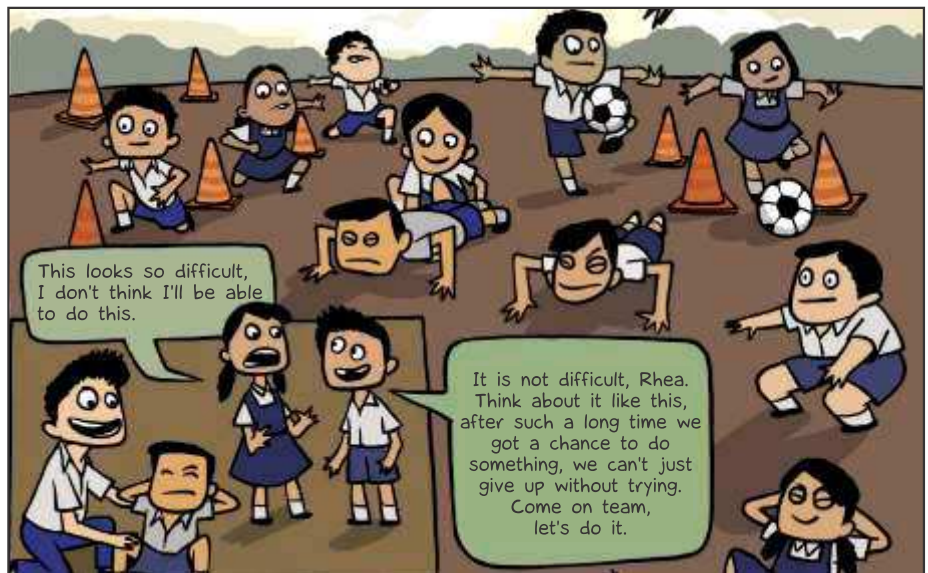


FEEL: Students realized that they could not play properly and there was no order.



IMAGINE: To play and enjoy the game like a professional team.

DO: The children formed teams and began training with each other's help. They developed a very good training program and started winning interschool matches.



Looking at your progress in sports, some other schools have expressed a desire to have their kids learn football.



They continued to coach their football team as well as 7 other school teams. They were able to expand their coaching team and train two coaches in each school to help them. These little kids brought a revolutionary change not only in their school, but also in 7 other schools with their imagination and zest.

Every Child
CAN

RAHUL BOSE
Actor / Activist



GET INSPIRED

Potholes on the way to school

Winner : Design for Change School Challenge, India 2012 | The Orchid Public School, Mysore, Karnataka
Watch the story : <http://bit.ly/potholes-on-the-road>

FEEL: A very bumpy ride on the way to school. The students of The Orchid Public School had a huge problem with potholes on their way to school. The road was quite dangerous and often caused accidents.



The students wrote many letters to the concerned authorities asking them to take some action. However, they did not receive any response.

IMAGINE: They discussed with friends and teachers to figure out the best possible solution to the problem.

We will have to help ourselves and fill the potholes. Lets meet the contractor to learn how to make this happen.



DO: They split into teams. One group did the digging and the other group started to make the tar.



DO: They collected whatever material they could and through trial and error came up with the best possible way of leveling the potholes.



After a lot of hard work, the students managed to create a leveled road making the journey safe and hassle free for everyone.



"What impressed us was that these children chose a bold idea for a problem that affected them directly. They decided to take action themselves and designed an effective solution."

- M P Ranjan, Design Thinker, Jury Member.



"This story won because the children implemented a solution which was beyond rallies and street plays. It clearly has empowered them to take up future challenges. That is the power of I CAN."

- Christian Long, Cannon Design, Jury Member.